**Kayaking Taster Session at Ellerton Lake**

On arrival, you will meet your instructor and be shown the facilities.

After that you:

* Get kitted up ready for kayaking
* Be given a safety brief with some basic instruction on land
* Practice those basic skills in the water
* Have a journey on the lake
* Look at some other skills to develop on the basic skills
* Play some games which will more than likely result to people falling in

**Location and Postcode:**

Ellerton Park is situated near to the A1 just off the B6271 (if coming from Richmond direction take 1st exit, coming from Northallerton take the second exit and the entrance is on the right) near the village of Bolton-on-Swale. DL10 6AP

This venue has changing facilities with hot showers.

**What to Bring:** Please bring your Personal Information Form with you and see our recommended kit list.

We may take photos on the day which we post on our social media sites if you rather we didn’t please do let us know in advance and we will not take any.

Want to know what the weather is likely to be like on your alfresco adventure? Visit [www.alfrescoadventures.co.uk/weather](http://www.alfrescoadventures.co.uk/weather)

We hope you have a lovely day!